

Equipment Rules

Tug-Of-War: Rubber or plastic cleats will be permitted, but no metal cleats are allowed. Gloves are also permitted, but will not be available by event management.

Football Toss: Full-sized footballs will be used. Participants CANNOT use their own footballs.

Golf Chipping Challenge: You may bring your own clubs, but wedges will be available for right and left-handed golfers.

Bowling: Shoes and balls will be provided to all participants, but you may bring your own equipment.

Basketball Shootout: Basketballs will be provided. Participants CANNOT use their own basketball.

Tennis Challenge: Tennis rackets will be provided, but you may bring your own.

Soccer Shootout: Soccer balls will be provided. Participants CANNOT use their soccer balls.

Cornhole: Boards and bags will be provided.

Volleyball: Volleyballs will be provided. Teams CANNOT use their own volleyball.

Cycling: Every participant must have their own bike (or share a teammates) and their own helmet to ride. Recumbent bicycles are not allowed in the time trial.

Obstacle Course Relay: Participants CANNOT wear cleats during this event.